

Core Competencies & Learning Objectives

Each competency has examples of how students can demonstrate development in each competency, which are written from the student's perspective. Some of the sample 'I statements' from the BC Curriculum Core Competency Profiles include:

Thinking

- I get ideas when I use my senses to explore.
- I make my ideas work or I change what I am doing.
- I can show if I like something or not.
- I can explore materials and actions.
- I can ask open-ended questions and gather information.
- I can experiment with different ways of doing things.

Personal & Social Competency

- I know my name. With some help, I can identify some of my attributes.
- I am able to identify the different groups that I belong to.
- I can participate in activities that support my well-being and tell/show how they help me.
- With some support, I can be part of a group.
- I can participate in classroom and group activities to improve the classroom, school, community, or natural world.

Communication

- I ask and respond to simple, direct questions.
- I can understand and share information about a topic that is important to me.
- I am an active listener; I support and encourage the person speaking.
- I can work with others to achieve a common goal; I do my share.
- I can take on roles and responsibilities in a group.
- I can recount simple experiences and activities and tell something I learned.

Statements such as these can help guide learning objectives on the student's IEP; for example:

<i>Sample 'I Statements'</i>	<i>Sample IEP Learning Objectives</i>
I can show if I like something or not.	I will make a choice between two objects by looking at the object I want. I will sign "more" when I want more of an activity (e.g., music, food).
I can participate in activities that support my well-being.	I will independently walk in a walker between classes. I will independently load a spoon and bring it to my mouth.
With support, I can be part of a group.	I will press a switch within 5 seconds to participate in group activities, with verbal prompts (e.g., change slides on a Powerpoint presentation).
I ask and respond to simple, direct questions.	I will respond to the greetings of others within 5 seconds by looking toward the greeter and smiling.