

## I SEE BEST WHEN.....

Below are several general reminders for strategies to enhance visual interest for students who have Cortical Visual Impairment (CVI). This list can be adapted for your student, and should be reviewed with/by your vision specialist.

### I SEE BEST WHEN...

... objects and activities are adapted for visual acuity.

(e.g., placing a shiny cloth or glove on this cup)



... I am physically positioned in a way that makes it relatively easy for me to keep my head up and in control.



... illumination is from behind.

... you give me auditory cues to help me orient my vision and to know what I am seeing.

... you give me time to visually study the face, object or image.

... the object is very-bright coloured.

... you present the object to my peripheral vision (slightly to the side of my nose either side - not directly in front of me).



... there is very good contrast between the object and its background.

... there is something I really want to look at.

... you give me lots of time to process visual information



... you attract my visual interest by presenting the object that I am to look at by moving (or flapping) the object to attract my attention.

... move the object slowly from side to side so that I may track it.

... illumination in my environment is dim.

... you show me shapes that are extremely simple and bold.

... I am not tired or fatigued.

... if I stare at the lights, then move me away from the light so that I may focus on the object you are showing me.

... objects are presented to me over and over again, as it takes me some time to remember and identify visual information



### **Remember:**

- I see more familiar objects easier than bright new busy and perhaps more 'interesting' objects
- My depth perception may be poor, let me feel the object if possible
- Try not to present the object or information on a busy background or against a busy wall
- Positioning is very important, if I am not well supported or positioned, I will find it harder to see.
- Please use your voice to tell me what I am looking at and describe it to me
- When I am reaching for an object that you are showing me, I may not be able to 'look and reach' at the same time, instead, I may:
  - look,
  - then turn my head away,
  - before I am able to reach out and take the object.