FREE VIRTUAL GROUPS

french and english programs available



APRIL 20 TO APRIL 30, 2020

EXPLORE <u>14 UNIQUE PROGRAMS</u> FOR CHILDREN, YOUTH, TEENS AND YOUNG ADULTS!

Our Recreation Therapists promote inclusion, encourage community participation and nurture social connectivity for children, youth and adults with disabilities and mental health, across Canada. During this challenging and difficult time of COVID-19, we know it is imperative to stay connected through creative and innovative ways. Children and Youth Ages 6-12



Teens Ages 13-18



Young Adult Ages 19+









