

How Do I Communicate?

Communication can take many forms. The following chart shows some of the ways we might communicate with each other.

How I Communicate	Description
Changes in muscle tone	Any consistent increase or decrease in
	rigidity as a means of communication.
Physical body movement	Use of movement in the direct pursuit of
	a goal within a communicative context.
Facial expression	Use of any parts of the face as a means of communication.
	communication.
Gaze	Looking at a person, object, or place
	within a communicative context.
Vocalization	Use of vocal sounds which not intelligible
	as words to the listener, and which may
	be used for more than one intent.
Pointing	Use of a finger, hand, or foot extended
	towards an object or person as a means
	of communication. This does not include
	direct selection techniques to access
	photographs, line drawings, or symbols
	on a communication display.
Other conventional gestures and sign	Use of socially-learned gestures or
language	pantomime as a means of
	communication; use of a symbolic
	gesture taken or adapted from a
	recognized sign language system;
	distinctive gestures which are

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	consistently used by the student to indicate an object, concept, etc.
Photographs, Drawings, or Picture Symbols	Use of pictures or symbols which represent persons, objects, activities, etc. as a means of communication.
Speech	Use of speech, vocal sounds, verbalizations, or electronically-generated speech, which is recognized by the listener, and often consistently used to indicate an object, concept, etc. May be produced orally, or accessed using alternative means such as touch or eye gaze.

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