



{inclusion outreach}

1031 Lucas Avenue  
Victoria, BC V8X 5L2  
Tel 250-595-2088

[www.inclusionoutreach.ca](http://www.inclusionoutreach.ca)

## I Hear Best When...

- you **call my name to** attract my attention and let me know that you are talking to me
- you reduce, or eliminate, the noise around me so that I am able to listen
- you reduce other distractors (e.g. too much visual clutter), as they can draw my attention and reduce my concentration on 'listening'
- you use short simple words and sentences; not too many words at one time
- I can see you when you are talking to me
- you wait, **with anticipation**, for up to 10 seconds for me to **respond** before repeating the question
- where **appropriate**, you use visual information to supplement the verbal information you are giving me
- you make sure that you talk to me where I might hear you best (e.g. if my best hearing is in my right ear, talk to the direction of my right ear, but make sure I can see you too)
- you stand close to me
- you use a clear, lower pitch voice when you are talking to me
- only one person speaks to me at a time
- you use sign language, if you know it, or gestures, to supplement what you are saying to me

## If I wear hearing aids, I hear best when:

- I am wearing my hearing aids
- you have checked to make sure the hearing aids are working properly (e.g. **the battery is inside** and charged up)
- my hearing aids are placed properly in my ears
- my hearing aids are turned on
- you use the FM system and it is turned on and working

Respect

Competence

Inclusion

Presence

Choice