

Learning From Home Inclusion Planning Matrix – Middle School Example

Quality of Life Indicators	Choice	Respect	Competence	Community Presence	Inclusion
Skills Routines	I can make choices	In familiar settings, I can interact with others and my surroundings respectfully	<ul style="list-style-type: none"> • I can participate in activities that support my well being • In a safe and supported environment, I respond meaningfully to communication from peers and adults 	With support, I can be part of a group	I can explore
Morning “getting ready” routine		I greet students and staff virtually	I put my arms in my sleeves when getting dressed.	I greet students and staff virtually	
English	I choose a book that my classmate will read to me online		I will learn the meaning of one new word from the book		I choose a book that my classmate will read to me
Math (cooking)			With assistance, I will measure “one” cup when making muffins for my family		
Nutrition Break	I choose what I would like to eat		I wash my hands		

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Physical and Health Education	I choose which direction to go on a walk	I wave hello to my neighbours when I walk outside	I use my walker to take a walk outside	I wave hello to my neighbours when I walk outside	
Lunch	I choose what I would like to drink				
Science					I watch what happens when something falls off the table

Choice

Respect

Competence

Community Presence

Inclusion