



{inclusion outreach}

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TRANSITION FROM SECONDARY SCHOOL TO ADULTHOOD

Creating a transition plan with the student, family and educational team can ensure a smooth and meaningful transition for students with complex needs. Transition planning can start as early as age 14 or 15. Transition planning looks different across cities and towns in British Columbia. The first step involves building a transition planning team, while ensuring the student and their family are at the center of all planning. Educators can encourage parents/guardians to contact MCFD Ministry of Children and Family Development if the student would benefit from a Child and Youth Special Needs (CYSN) Social Worker, as part of the transition team. Future transition planning supports school teams to determine what goals, concepts and skills the student needs upon graduation, and these can be incorporated into the student's Individual Education Plan (IEP). Effective collaboration and advocacy for appropriate support services is needed within transition planning, including arranging cross transition visits for students and new adults in their lives.

Many agencies and organizations offer transition to adulthood support and guides:

Schools:

Some school districts have “transition from secondary school” handbooks or trained transition facilitators. Check with the district associated with your student to see what might be available.

Provincial Outreach Program for Students with Deafblindness (POPDB)

- **Guide:** Transition Planning for Students with Deafblindness
- Includes 3 transition checklists from ages 14-18 that applies to all students with complex needs.

Government:

Ministry of Social Development and Social Innovation

- **Guide:** Transition Planning for Youth and Young Adults Navigator Program

Respect

Competence

Inclusion

Presence

Choice



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- Navigators are available in some communities by self-referral

STADD (Services to Adults with Developmental Disabilities)

Ministry of Children and Family Development

- **Guide:** Your Future Now: A Transition Planning and Resource Guide

BC Children's Hospital: Transition to Adult Care

- Focus on supporting youth with health care needs and their families/caregivers to enter the adult health care system.
- **Resources:** Transition Timeline, Youth Quiz, Parent/Family Checklist
Family Toolkit resources created by and for families. Youth Toolkit and Just TRAC it! Health care information tracker.

Community:

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- **Guide:** On My Way; Transition Planning Workshop Guide for Students and Families

WayFinders

- **Services:** 1:1 facilitators support families with person-centred planning and visioning for a full, inclusive life

Family Support Institute of BC

- **Services:** Offers free family to family support, and offers a range of transition timelines based on age

Community Living BC

- **Guide:** Youth in Transition

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